# WEEKLY EPIDEMIOLOGY BULLETIN NATIONAL SURVEILLANCE UNIT, MINISTRY OF HEALTH & WELLNESS, JAMAICA

# Weekly Spotlight

# Anaemia (Part 1)



Anaemia is a condition in which the number of red blood cells or the haemoglobin concentration within them is lower than normal. It mainly affects women and children. Anaemia occurs when there isn't enough haemoglobin in the body to carry oxygen to the organs and tissues. In severe cases, anaemia can

cause poor cognitive and motor development in children. It can also cause problems for pregnant women and their babies. Anaemia can be caused by poor nutrition, infections, chronic diseases, heavy menstruation, pregnancy issues and family history. It is often caused by a lack of iron in the blood. Anaemia is preventable and treatable. In many low- and lower-middle income settings, the most commonly- recognized causes of anaemia are iron deficiency and malaria.

#### Scope of the problem

The population groups most vulnerable to anaemia include children under 5 years of age, particularly infants and children under 2 years of age, menstruating adolescent girls and women, and pregnant and postpartum women. Anaemia is estimated to affect half a billion women 15–49 years of age and 269 million children 6–59 months of age worldwide. In 2019, 30% (539 million) of non-pregnant women and 37% (32 million) of pregnant women aged 15–49 years were affected by anaemia. The WHO Regions of Africa and South-East Asia are most affected with an estimated 106 million women and 103 million children affected in South-East Asia.

Anaemia causes symptoms such as fatigue, reduced physical work capacity, and shortness of breath. Anaemia is an indicator of poor nutrition and other health problems.Common and non-specific symptoms of anaemia include:

- tiredness
- dizziness or feeling light-headed
- cold hands and feet
- headache
- shortness of breath, especially upon exertion.

Severe anaemia can cause more serious symptoms including:

- pale mucous membranes (in the mouth, nose etc.)
- pale skin and under the fingernails
- rapid breathing and heart rate
- dizziness when standing up
- bruising more easily.

Taken from WHO website on 28/January/2024

https://www.who.int/news-room/fact-sheets/detail/anaemia https://healthinfo.healthengine.com.au/anaemia-during-pregnancy-types-causes-treatments (picture)

WEEK 3 EPI Syndromic Surveillance Accidents Violence Health Surveillance Pages 2-4 **Class 1 Notifiable** Events Page 5 COVID-19 Page 6 Influenza Page 7 **Dengue Fever** Page 8 **Research Paper** Page 9 g or road re-searc

## Sentinel Surveillance in Jamaica



Table showcasing the Timeliness of Weekly Sentinel Surveillance Parish Reports for the Four Most Recent Epidemiological Weeks – 52 of 2024 to 3 of 2025

Parish health departments submit reports weekly by 3 p.m. on Tuesdays. Reports submitted after 3 p.m. are considered late.

#### KEY:

Yellow- late submission on Tuesday Red – late submission after Tuesday A syndromic surveillance system is good for early detection of and response to public health events.

Sentinel surveillance occurs when selected health facilities (sentinel sites) form a network that reports on certain health conditions on a regular basis, for example, weekly. Reporting is mandatory whether or not there are cases to report.

Jamaica's sentinel surveillance system concentrates on visits to sentinel sites for health events and syndromes of national importance which are reported weekly (see pages 2 -4). There are seventy-eight (78) reporting sentinel sites (hospitals and health centres) across Jamaica.

Epi week	Kingston and Saint Andrew	Saint Thomas	Saint Catherine	Portland	Saint Mary	Saint Ann	Trelawny	Saint James	Hanover	Westmoreland	Saint Elizabeth	Manchester	Clarendon
						_							
52	Late	On	On	On	On	On	Late	On	Late	On	On	On	Late
	(T)	Time	Time	Time	Time	Time	(T)	Time	(T)	Time	Time	Time	(T)
1	On	On	On	On	On	On	On	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
2	On	On	On	On	On	On	On	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
3	On	On	On	On	On	On	On	On	On	On	On	On	On
	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time

# REPORTS FOR SYNDROMIC SURVEILLANCE

#### UNDIFFERENTIATED FEVER

Temperature of  $>38^{\circ}C$ /100.4°*F* (or recent history of fever) with or without an obvious diagnosis or focus of infection.



Weekly Visits to Sentinel Sites for Undifferentiated Fever All ages: Jamaica, Weekly Threshold vs Cases 2025

2 NOTIFICATIONS-All clinical sites



INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued



SENTINEL REPORT- 78 sites. Automatic reporting



#### January 31, 2025

### **FEVER AND NEUROLOGICAL**

Temperature of >38°C /100.4°F (or recent history of fever) in a previously healthy person with or without headache and vomiting. The person must also have meningeal irritation, convulsions, altered consciousness, altered sensory manifestations or paralysis (except AFP).



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21 23 25 27 29 31 33 35 37 39 41 43 45 47 49 51

**Epidemic Threshold** 



## **FEVER AND** HAEMORRHAGIC

Temperature of >38°C /100.4<sup>o</sup>*F* (or recent history of fever) in a previously healthy person presenting with at least one haemorrhagic (bleeding) manifestation with or without jaundice.



## **FEVER AND JAUNDICE**

Temperature of  $>38^{\circ}C/100.4^{\circ}F$ (or recent history of fever) in a previously healthy person presenting with jaundice.

The epidemic threshold is used to confirm the emergence of an epidemic in order to implement control measures. It is calculated using the mean reported cases per week plus 2 standard deviations.



NOTIFICATIONS-3 All clinical sites



10

5

0

7

1

3

2024

9

11

13 15 17 19

2025



HOSPITAL ACTIVE SURVEILLANCE-30 sites. Actively pursued





Weekly visits to Sentinel Sites for Fever and Haemorrhagic 2024 and 2025 vs

Epidemiological week

Alert Threshold







All clinical sites

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ACTIVE SURVEILLANCE-30 sites. Actively pursued



SENTINEL REPORT- 78 sites. Automatic reporting

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# CLASS ONE NOTIFIABLE EVENTS

# Comments

			Confirm	ed YTD <sup>α</sup>	AFP Field Guides from		
	CLASS 1 E	VENTS	CURRENT YEAR 2025	PREVIOUS YEAR 2024	WHO indicate that for an effective surveillance		
	Accidental Po	oisoning	1 <sup>β</sup>	21 <sup>β</sup>	AFP should be 1/100,000		
T	Cholera		0	0	population under 15 years		
/NO	Severe Deng	ue <sup>v</sup>	See Dengue page below	See Dengue page below	old (0 to 7) cases annually.		
ATI	COVID-19 (\$	SARS-CoV-2)	7	50	Pertussis-like syndrome and		
EST	Hansen's Dis	ease (Leprosy)	0	0	Tetanus are clinically		
UNTH TER	Hepatitis B		0	4	confirmed classifications.		
NL AL	Hepatitis C		0	1	<sup>V</sup> Dengue Hemorrhagic		
7NO	HIV/AIDS		NA	NA	Fever data include Dengue		
ATI	Malaria (Imp	ported)	0	0	related deaths;		
Z	Meningitis		0	0	$^{\delta}$ Figures include all deaths		
	Monkeypox		0	0	associated with pregnancy		
EXOTIC/ UNUSUAL	Plague		0	0	reported for the period.		
۲۲ ۲۲	Meningococc	al Meningitis	0	0	<sup>e</sup> CHIKV IgM positive case		
GH IDIT ALI	Neonatal Teta	anus	0	0	$^{\theta}$ Zika PCR positive cases		
H I ORB ORT	Typhoid Feve	er	0	0	$^{\beta}$ Updates made to prior		
MC	Meningitis H	/Flu	0	0			
	AFP/Polio		0	0	<sup>•</sup> Figures are cumulative totals for all epidemiologica		
	Congenital R	ubella Syndrome	0	0	weeks year to date.		
	Congenital S	yphilis	0	0			
MES	Fever and	Measles	0	0			
OGRAMI	Rash	Rubella	0	0			
	Maternal Dea	ıths <sup>δ</sup>	6	6			
L PR	Ophthalmia N	Neonatorum	0	12			
SPECIAI	Pertussis-like	syndrome	0	0			
	Rheumatic Fe	ever	0	0			
	Tetanus		0	0			
	Tuberculosis		0	4			
	Yellow Fever	t	0	0			
Chikungunya <sup>e</sup>		0	0				
	Zika Virus <sup>6</sup>		0	0	NA- Not Available		

NOTIFICATIONS-5 All clinical sites



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SENTINEL REPORT- 78 sites. Automatic reporting



#### January 31, 2025

# **COVID-19 Surveillance Update**

No. of confirmed cases

CASES	EW 3	Total		
Confirmed	4	157445		
Females	2	90716		
Males	2	66726		
Age Range	2 to 94 years old	1 day to 108 years		

\* 3 positive cases had no gender specification

\* PCR or Antigen tests are used to confirm cases \* Total represents all cases confirmed from 10 Mar 2020

to the current Epi-Week.

#### COVID-19 Outcomes

Outcomes	EW 3	Total
ACTIVE *2 weeks*		5
DIED – COVID Related	0	3878
Died - NON COVID	0	394
Died - Under Investigation	0	143
Recovered and discharged	0	103226
Repatriated	0	93
Total		157445

of Symptoms, Jamaica (157,445 cases) 2000 1800 1600 1400 1200 1000 800 600 400 200 0 1-Sep-20 1-Mar-22 1-Mar-23 l-Nov-20 1-Jan-22 1-Jul-22 1-Sep-22 1-Jan-23 1-May-23 1-Sep-23 1-Nov-23 1-Jan-24 1-Mar-24 1-Jul-20 1-Jan-21 1-Mar-21 1-May-21 1-Jul-21 1-Sep-21 l-May-22 1-Jul-23 2 l-May-20 I-Nov-21 1-Nov-22 l-May-24 1-Jul-24 1-Sep-24 l-Nov-24 1-Jan-25 L-Mar-Date of Onset of Symptoms Contact of a Confirmed Case Import Related

**Classification of Confirmed COVID-19 Cases by Date of Onset** 

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Imported Under Investigation Local Transmission (Not Epi Linked) Workplace Cluster





\*Vaccination programme March 2021 – YTD

\* Total as at current Epi week

#### COVID-19 Parish Distribution and Global Statistics





NOTIFICATIONS-6 All clinical



**INVESTIGATION REPORTS-** Detailed Follow up for all Class One Events



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sites



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Febrile phase

Reported suspected, probable and confirmed dengue with symptom onset in week 3 of 2025

	2025*			
	EW 3	YTD		
Total Suspected, Probable & Confirmed Dengue Cases	0	15		
Lab Confirmed Dengue cases	0	0		
CONFIRMED Dengue Related Deaths	0	0		

#### Points to note:

- Dengue deaths are reported based on date of death.
- \*Figure as at January 31, 2025
- Only PCR positive dengue cases are reported as confirmed.
- IgM positive cases are classified as presumed dengue.



Symptoms of

Total Suspected, probable & confirmed

Year

Confirmed DF



#### Suspected, probable and confirmed dengue cases for 2023-2025 versus monthly mean, alert and epidemic threshold (2007-2022)



8 NOTIFICATIONS-All clinical sites



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# **RESEARCH PAPER**

## Abstract

THE EPIDEMIOLOGY OF OSTEOMYELITIS IN THE SICKLE CELL POPULATION OF JAMAICA

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**Introduction**: Knowing the most likely causative organism causing osteomyelitis in the sickle cell population is crucial in implementing empirical therapy; the most common causative organism varies globally.

**Objectives**: To determine the epidemiology of culture proven osteomyelitis in patients who attended the Sickle Cell Unit (SCU) from 2008- 2018, in particular, to determine the most common organisms and whether there was an association of the causal organism with patient location or disease severity.

**Methods**: Ethical approval was obtained from The University of the West Indies Ethics Committee. The charts of all eligible patients were examined. The gender, age, address of individuals and the site of the osteomyelitis and causative organism were extracted. Polyostotic episodes and those which required greater than 42 days of antibiotics were deemed severe. Data were analyzed using SPSS; associations were assessed using the Pearson Chai- Squared Test.

**Results**: Forty three patients met the inclusion criteria; 26 males and 17 females with the mean age being 16.5 years (Range 1-60). St. Catherine was the most common parish. The most prevalent organisms included Salmonella (42%), Staphylococcus Aureus (26%) and Enterobacter (12%). Commonly affected sites included the Tibia (44%), Humerus (26%) and Femur (16%), 7% were severe. There was no association between the causal organism and patient location (p=0.196) or disease severity (p=0.367).

**Conclusion**: Salmonella was the most common organism causing osteomyelitis in persons attending the SCU. Specific education of patients in avoidance of exposure to this organism may be helpful.



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INVESTIGATION REPORTS- Detailed Follow up for all Class One Events



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