

NHRC Abstract Format Example

Ministry of Health and Wellness

NATIONAL HEALTH RESEARCH CONFERENCE

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ABSTRACT

Anthropometric factors and Cardiovascular Health

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Objectives: To determine the association between anthropometric values for individuals and cardiovascular health.....

Methods: A cross-sectional analysis of persons 30 years and over was used to fulfill the aim of this study.....

Results: Majority (90.9%) of participants had a BMI of ... Univariate analysis found that BMI were associated with.....

Conclusion: These results emphasize the value of anthropometric measurements.....

The abstract word count is 184 words without title or authors.

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NB: Affiliation font size 10 (italics), body of abstract font size 12 with single line spacing

Abstract Content Checklist

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| ✓ The abstract should cover all elements shown in the NHRC Abstract Format . |
| ✓ The abstract should fit within the themes of (i) Workplace health and wellness, (ii) Factors associated with healthcare delivery, (iii) Violence and injuries in vulnerable groups, (iv) Technology in health and (v) Climate change and health. |
| ✓ The research should be of scientific merit. |
| ✓ The research should be of relevance to the Jamaica and or global health sectors, and should ideally be able to inform health policy and practice. |
| ✓ Abstracts should be no more than 250 words. |
| ✓ <i>The abstract should ONLY include Title, Aims/Objectives, Methods, Results and Conclusions.</i> |
| ✓ <i>Each section clearly delineated as shown in the example above.</i> |
| ✓ <i><u>No Background</u> is necessary for the abstract.</i> |
| ✓ <i>Researchers should place emphasis on the <u>Methods and Results</u> sections.</i> |
| ✓ The abstract should be coherent and grammatically sound. |
| ✓ The Title of the paper should reflect the content of the abstract. |
| ✓ The Aim(s) should be clearly stated and the study should adequately answer the objectives of the study. |
| ✓ The Methods should be adequate to answer the stated objectives. This section should also describe statistical methods used. |
| ✓ The Results should be in line with stated objectives and include the outcomes of the appropriate statistical tests. |
| ✓ The Conclusion should be drawn from the results presented. |
| ✓ Any abstract found to be in contravention of the listed instructions will not be considered for the adjudication process for the Conference. |