They are our children, grandchildren, nieces, nephews, cousins, godchildren, friends...

...future

Give them clean air

Do not let anyone smoke around them

Tobacco smoke contains more than 7,000 chemicals, at least 69 of which can cause cancer.

Many of these chemicals cling to clothes, curtains, comforters, counters and other surfaces. This residue, known as third hand smoke, can continue to cause harm for a long, long time.

Do not let anyone smoke in your home

Breathe Easier

Ministry of Health
www.moh.gov.jm

Pan American Health Organization

World Health Organization
Regional Office for the Americas