





# Infant & Young Child Feeding Support Groups



# **Western Regional Health Authority**

## St. James

SUPPORT	LOCATION	SCHEDULE/MEETING	NEAREST	NEAREST	NAMES OF	CONTACT NUMBER &
GROUP NAME	FOR	DATES	HOSPITAL	HEALTH	<b>FACILITATOR</b>	EMAIL
	MEETINGS			CENTRE		
John's Hall	John's Hall Health	2 <sup>nd</sup> Thursdays @ 3:00pm	Cornwall	John's Hall Health	Josette Saywers	josetteheaven04@gmail.com
	Center	_	Regional Hospital	Center	•	
	St. James		_ <b>_</b>			876-319-9501

## Hanover

Mt. Pelier	Mt. Pelier Health	1st Wednesdays	Noel Holmes	Mt Pelier Health	Dacia Billings	876-953-5416
	Center	@10:00am	Hospital	Center		
	Hanover					

#### Westmoreland

White House	White house	3 <sup>rd</sup> Fridays	Savana- la-mar	White House Health	Valrie	valrie.sammy@gmail.com
	health center	@8:30am	<b>Public General</b>	center	Sommerville	876-388-3507
	Westmoreland		Hospital			
Lennox Big	Salvation Army	2 <sup>nd</sup> Mondays @	Savana- la-mar	<b>Darliston Center of</b>	Mable Hall	mablehall96@gmail.com
Woods	Church Lennox	5:00pm	<b>Public General</b>	Excellence		876-403-4767
	Big Woods		Hospital			
	Westmoreland					

## **North East Regional Health Authority**

# St. Mary

SUPPORT GROUP NAME	LOCATION FOR MEETINGS	MEETING DATES	NEAREST HOSPITAL	NEAREST HEALTH CENTRE	NAMES OF FACILITATORS	CONTACT NUMBER & EMAIL
Adolescents mother to mother support group	Women Centre, at the Baptist Church, Highgate, St. Mary	2nd Thursday at 1pm	Port Maria	High gate	Rosalee Brownie- Harris Samoy Spence	brownierosalee@gmail.com 876-886-0898 spence.samoy@yahoo.com 876-422-8463
					Colleen McKay	colleenmckay34@gmail.com 876-395-7251
Mother to mother support group	Highgate HC, Highgate P.O., St. Mary	1st Friday at 8:30am	Port Maria	High gate	Rosalee Brownie- Harris Samoy Spence	brownierosalee@gmail.com 876-886-0898 spence.samoy@yahoo.com 876-422-8463
					Colleen McKay	colleenmckay34@gmail.com 876-395-7251
					Lilieth Melbourne- Bailey	ce_aunmich@yahoo.com 876-7703074

#### St. Ann

Mother to	Claremont Health	2 <sup>nd</sup> and 4 <sup>th</sup>	St. Ann's Bay	<b>Claremont Health</b>	Marcia Davis	876-801-2001
Mother	Centre, Claremont,	Thursdays	Hospital	Centre	Denise Sturridge	
	St. Ann					
Mother to	Alexandria	2 <sup>nd</sup> Wednesdays	Alexandria	Alexandria Health	Nurse Archer	876-770-9055
Mother	Community		Hospital	Centre	Rose Johnson	876-403-1669
	Hospital,					
	Alexandria, St. Ann					
Mother to	<b>Stepney Health</b>	4th Mondays	Alexandria	<b>Stepney Health</b>	Nurse Archer	876-770-9055
Mother	Centre, Stepney		Hospital	Centre		
	district, Alexandria					
	P.O., St. Ann					
Mother to	Bamboo Health	2 <sup>nd</sup> and 4 <sup>th</sup>	St. Ann's Bay	Bamboo Health	Jacqueline West	876-861-8850
Mother	Centre, Bamboo,	Tuesdays	Hospital	Centre	Marsha James	876-862-6093
	St. Ann					
Mother to	Steer Town Health	2 <sup>nd</sup> Wednesdays	Lionel Town	<b>Lionel Town Health</b>	Neisha Roye	876 986-3226
Mother	Centre, Steer		Hospital	Center		
	Town, St. Ann				Vanessa Mohan	
					Mason	

## Portland

SUPPORT	LOCATION FOR	MEETING DATES	NEAREST	NEAREST	NAMES OF	CONTACT NUMBER &
<b>GROUP NAME</b>	MEETING		HOSPITAL	HEALTH CENTRE	FACILITATORS	EMAIL
<b>Charles Town</b>	Asafu Yard,	2nd Mondays at	Annotto Bay	Buff Bay Health	-Kentish Grant	(876) 534-2073
Mother to	Charles Town, Buff	1:30pm	Hospital	Centre		
Mother	Bay Portland				-Lorrie-Ann	(876) 477-9102
Breastfeeding					Gordon	
Support Group						
Fruitful Vale	Fruitful Vale	4 <sup>th</sup> Fridays at 2pm	Port Antonio	Fruitful Vale Health	-Kerriesha	(876) 364-0414
Mother to	Health Centre,	J F	Hospital	Centre	Dacres	
Mother	Fruitful Vale,		•			
Breastfeeding	Portland				-Janice Jengelly	(876) 356-0470
Support Group						
Mount Pleasant	Mount Pleasant	4 <sup>th</sup> Mondays at 9am	Port Antonio	Mount Pleasant	-Yasmine	yas.mond@yahoo.com
Mother to	Health Centre,	4 Monuays at 9am	Hospital	Health Centre	Thompson	(876) 549-0068
Mother	Mount Pleasant,		Hospitai	Treatm Centre	Thompson	(070) 545-0000
Breastfeeding	Portland				-Tashannia	
Support Group					Roper	
					-	
St. Margaret's	St. Margaret's Bay	3 <sup>rd</sup> Tuesdays at	Port Antonio	St. Margaret's Bay	Yasmine	yas.mond@yahoo.com
Bay Mother to	Health Centre, St.	9am	Hospital	Health Centre	Thompson	(876) 549-0068
Mother	Margaret's Bay,					
Breastfeeding	Portland					
Support Group						

# **South East Regional Health Authority**

# Kingston & St. Andrew

SUPPORT	LOCATION FOR	MEETING	NEAREST	NEAREST	NAMES OF	CONTACT NUMBER
GROUP NAME	MEETING	DATES	HOSPITAL	HEALTH CENTRE	FACILITATORS	AND/OR EMAIL
Edna Manley	35a Grants Pen	1st Thursday in	University	<b>Edna Manley Health</b>	-Mrs. Charmin	(876) 317-9264
Support Group	Road. Kingston 8	each month at	Hospital of the	Centre	Mckoy	
		1:00pm	West Indies		-Dr. Diandre	
					Williams- Clarke	
					-Mrs. Anne-Marie	
					Mcleod	
Lawrence Tavern	Lawrence Tavern	3 <sup>rd</sup> Thursday in	University	Lawrence Tavern	-Mrs. Anne-Marie	
Support Group	Health Centre,	each month	Hospital of the	Health Centre	Mcleod	
	KSA	1:00pm	West Indies		-Ms.Andrea	
					Frankson	
					-Mrs. Sasha J.	(876) 942-8523
					Johnson	

#### St. Thomas

Church of God	Prospect, St	1st Tuesdays at 10	Princess	Port Morant &	Paulette Duncan	(876) 833-6695
7th Day Women's	Thomas	a.m.	Margaret	<b>Morant Bay Health</b>	Natoya Thompson	
Group			Hospital	Centres	Lewis	
					Tara Jangalee	
					Audrey Dawson-	
					Minott	
					Janet Housen	Jodi6paola@gmail.com
						(876) 858-9125
The Parent Place	Bath Primary	4 <sup>th</sup> Mondays at	Princess	<b>Bath Health Centre</b>	Paulette Duncan	
	School Bath,	10a.m.	Margaret		Tara Jangalee	
	St Thomas		Hospital		Natoya Thompson	
					Lewis	
					Janet Housen	Jodi6paola@gmail.com
						(876) 858-9125
Llandewey	Llandewey Health	4 <sup>th</sup> Wednesdays at	Princess	Llandewey Health	Paulette Duncan	
Women's Group	Centre, St.	10 a.m.	Margaret	Centre	Janet Housen	Jodi6paola@gmail.com
	Thomas		Hospital			(876) 858-9125

#### St. Catherine

Queen Mom	Sydenham Health Centre, St.	4 <sup>th</sup> Thursday each month	Spanish Town Hospital	Sydenham Health Centre	Nickeisha Harrison	queenmoms4u@gmail.com
	Catherine	month	Hospital	Centre	Harrison	

# **Southern Regional Health Authority**

## Clarendon

SUPPORT GROUP NAME	LOCATION FOR MEETING	MEETING DATES	NEAREST HOSPITAL	NEAREST HEALTH CENTRE	NAMES OF FACILITATORS	CONTACT NUMBER &EMAIL
Mocho Health Dist. Support group	Mocho Health Centre, Clarendon	2 <sup>nd</sup> Mondays	May Pen Hospital	Mocho Health Centre	Moraine Williams  Marcia Lawrence	(876) 625-0612
Spaldings Health District Support Group	Spaldings Health Centre, Clarendon	3 <sup>rd</sup> Fridays	Percy Junior Hospital	Spaldings Health Centre	Shauna Sinclair	(876) 964-0671
Lionel Town District Support Group	Lionel Town Health Centre, Clarendon	2 <sup>nd</sup> Mondays	Lionel Town Hospital	Lionel Town Health Center	Neisha Roye Vanessa Mohan Mason	(876) 986-3226

## Manchester

SUPPORT GROUP NAME	LOCATION FOR MEETING	MEETING DATES	NEAREST HOSPITAL	NEAREST HEALTH CENTRE	NAMES OF FACILITATORS	CONTACT NUMBER & EMAIL
Mile Gully Support Group	Mile Gully Health Centre	2 <sup>nd</sup> Mondays @ 8:30a.m	Mandeville Regional Hospital	Mile Gully Health Centre	Alicia Brown- Facey  Maizie Callam Arlene Ellis- Bennett	Lisabrown200014@yahoo.com 876-797-9531
Newport Support Group	Newport Health Centre	2 <sup>nd</sup> Thursdays @ 8:30a.m (during antenatal clinic)	Mandeville Regional Hospital	Newport Health Centre	Alicia Brown- Facey Lise Boussard Dawn Samuels Marlene Forbes Nicola Roach	Lisabrown200014@yahoo.com 876-797-9531
Old England Support Group	Old England Health Centre	1 <sup>st</sup> Friday @ 8:00a.m.	Mandeville Regional Hospital	Old England Health Centre	Alicia Brown- Facey Lise Boussard Dawn Samuels Velma laidlaw	Lisabrown200014@yahoo.com 876-797-9531-Mrs. Brown-Facey

Porus Support Group	Porus Health Centre	4 <sup>th</sup> Thursdays @ 8:30a.m	Mandeville Regional Hospital	Porus Health Centre	Alice Carney Maudel Anderson Nickesha Morrison Alisa Glave	alicecarney@hotmail.com 876-797-2846-Ms. Carney 876-326-8408 -Ms.Anderson
Somerset ECI Support Group	Somerset Early Childhood Institution	4 <sup>th</sup> Thursday @ 1p.m.	Mandeville Regional Hospital	Mile Gully Health Centre	Alice Carney Arlene Ellis- Bennett	alicecarney@hotmail.com 876-797-2846-Ms. Carney
Downs Support Group	Down's Health Centre	4 <sup>th</sup> Wednesday @ 8:30a.m	Mandeville Regional Hospital	Down's Health Centre	Mrs. Opal Somers	opalmarch7@gmail.com 876-797-8511
Mandeville Support Group	Mandeville Comprehensive Clinic	3 <sup>rd</sup> Fridays @1p.m.	Mandeville Regional Hospital	Mandeville Comprehensive Clinic	Mrs. Opal Somers	opalmarch7@gmail.com 876-797-8511
Banana Ground Support Group	Hephzibah deliverance Temple	3 <sup>rd</sup> Tuesdays @ 1p.m.	Mandeville Regional Hospital	Bellefield Health Centre	Mesha Forbes & Mrs. Angela Bent	Meishieforbz@gmail.com 876-816-1222 (Miss Forbes)
Blue Mountain Support Group	Blue Mountain United Church (early childhood institution)	4 <sup>th</sup> Thursday s @ 1:30p.m.	Mandeville Regional Hospital	Bellefield Health Centre	Mesha Forbes	Meishieforbz@gmail.com 876-821-8104
Father's Support Group	Hephzibah deliverance Temple	2 <sup>nd</sup> Sundays @4p.m.	Mandeville Regional Hospital	Bellefield Health Centre	Mr. Solomon Gordon	Solomon.gordon@yahoo.com 876-792-0785

Mandeville	Mandeville	Every	Mandeville	Mandeville	Sis. Jacqueline	Solomon.gordon@yahoo.com
Regional	Regional	Friday@11:00a.m	Regional	comprehensive	Leaky	876-792-0785
Hospital	Hospital		Hospital	clinic	Sis. Loris	
<b>Support Group</b>					Tabbanor	sweetmarie1669@yahoo.com
					Mr. Solomon	876-405-7220
					Gordon	
					Miss Marie	
					Powell	

# **Southern Regional Health Authority**

## St. Elizabeth

SUPPORT GROUP NAME	LOCATION FOR MEETING	MEETING DATES	NEAREST HOSPITAL	NEAREST HEALTH CENTRE	NAMES OF FACILITATORS	CONTACT NUMBER & EMAIL
SANTA CRUZ SUPPORT GROUP	Santa Cruz Centre of Excellence (H/C)	1 <sup>st</sup> Tuesday @3p.m.	Black River Hospital	Santa Cruz Centre of Excellence (H/C)	Tracia Thomas- Gayle Tamara Barrett Natasha Martin Juliet Maxwell Valerie Brown Nicola Legister	traciereds@yahoo.com (876) 470-3235 (876) 885-0618 (876) 974-1122 (876) 839-0628
Maggotty	Maggotty	4 <sup>th</sup> Fridays @12	Black River	Maggotty Health	Tanielle	taniellecoombs@yahoo.com
<b>Support Group</b>	Health Centre	noon	Hospital	Centre	Coombs	(876) 450-7599
Southfield	Southfield	2 <sup>nd</sup> Wednesday	Black River	Southfield Health	Zara Williams	(876) 362-7109
<b>Support Group</b>	Health Centre	@ 3p.m.	Hospital	Centre		

